

Swimmer / Parent Agreement

(as per the SDSC Handbook)

Swimmer Responsibilities

- Be on time for swim practice or swim meet with the necessary equipment- goggles, caps, kick boards, etc. ;
- Notify the coach **in advance** if you are unable to attend practice;
- Obey all pool regulations;
- Show respect for all Dolphins coaches, other swimmers, Executive, volunteers, parents and pool staff;
- While away at swim meets show respect for other Club, and officials;
- Participate in fundraising events;
- Be a Team Player: At meets stay with your team and cheer. At all competitions the swimmer should wear their team suit and cap so that they can be identified as a Dolphin swimmer.

Code of Conduct of Swimmers

All members of the Summerside Dolphin Swim Club should remember that they are ambassadors of their sport and community, and at all times should act in a manner which reflects their pride towards themselves, their Club and their community.

A Code of Conduct is for everyone's benefit. It is important that everyone understands it.

1. All members of the SDSC should exhibit good sportsmanship
2. Dolphins are expected to be well mannered and polite. They are expected to listen and follow instructions of their coaches and chaperones while traveling without their parents. This ensures safety and well being of all.
3. When staying in a hotel, it is expected that team members will treat the facility and others' possessions with respect.
4. At no time should members have possession of drugs, alcohol or tobacco.
5. At the beginning of each swim season the swimmer will be given a form outlining the basic rules of conduct while at the pool. **The swimmer shall read and sign this form and then have a parent/guardian sign it as well.** This will be kept on file.

The swimmer will be held accountable for their behavior and actions. A swimmer may be instructed to leave the Club if recommended by the Coach and Executive.

Discipline Policy

In the event of a swimmer's misbehavior in the pool or on the pool deck area, the coach will take the following steps:

1. If the swimmer is disrupting the practice he/she will be given a verbal warning;
2. If the swimmer continues to disrupt practice, the swimmer will be asked to get out of the pool and sit quietly on the pool deck for a limited period of time;
3. If the swimmer continues to disrupt once getting back into the pool, the swimmer will then be requested to leave the pool and get dressed and return to the pool deck until practice is over. The coach will then issue a yellow card to the swimmer to be signed by the swimmer's parent upon return.
4. After two yellow cards, swimmers will be issued a red card and the swimmer's parents will be required to meet with the SDSC executive.

Changing Rooms Policy

Swimmers will be asked to use the male or female changing rooms only. The family changing room will only be used if the swimmer is accompanied by a parent. Swimmers will be given 10 minutes to get a quick shower and changed, and make their way out to the lobby for pickup by the parents. Credit Union Place staff will be monitoring the locker rooms after this time period to ensure the swimmers are progressing as scheduled. The changing facilities at the Credit Union Place are for all customers of facility not just for the swimming area. The Summerside Dolphins swim club would like to ensure that the swimmers behavior reflects the club's respect for our wonderful new swimming facility.

Swimmer Signature

Parent / Guardian Signature

THIS FORM MUST BE SIGNED AND RETURNED TO THE COACH **BEFORE** ENTERING THE POOL